

Transforming  
Lives

# Everyone Deserves a Place to Call Home: Assisting Individuals with Behavioral Health Needs

Joint Legislative Committee on Planning for Aging and Disability Issues

**Bea Rector**, Director, Home and Community Services Division  
**Evelyn Perez**, Assistant Secretary, Developmental Disabilities Administration  
Department of Social and Health Services  
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# Who We Serve

**ALTSA and DDA serve many clients of different ages with different needs:**

- Children
- Older adults
- Individuals with co-occurring conditions
- Families
- Caregivers



Medicaid LTSS  
Monthly Caseload:  
68,500

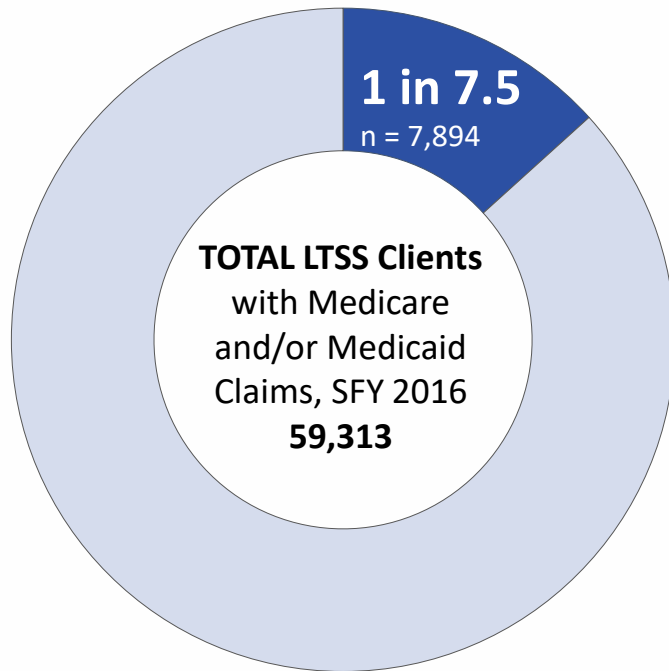
DDA Clients with  
paid services:  
35,327



***We have been successfully serving tens of thousands of people in communities across Washington state for over 40 years.***

# Mental Illness Prevalence Nationally and Locally

Overall prevalence of **Psychotic Disorders in Washington State** among LTSS clients with Medicare and/or Medicaid claims



Prevalence of Serious Mental Illness Nationally



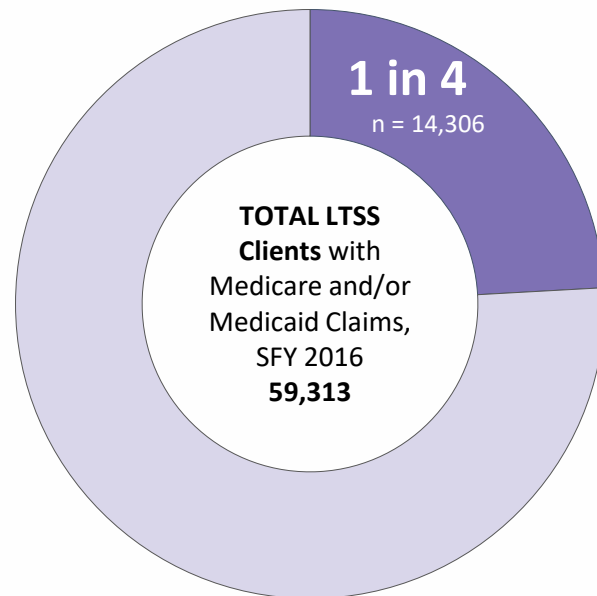
This represents **4.5% of the U.S. Population**

- The prevalence of SMI is higher among women (5.7%) than men (3.3%)
- Young adults aged 18-25 years had the highest prevalence of SMI (7.5%) compared to adults aged 26-49 years (5.6%) and aged 50 and older (2.7%).
- The prevalence of SMI was highest among the adults reporting two or more races (8.1%), followed by White adults (5.2%). The prevalence of SMI was lowest among Asian adults (2.4%).

**SOURCE:** State date: DSHS Research and Data Analysis Division, Integrated Medicare and Medicaid claims, SFY 2016. (Note: Psychotic Disorders are a subset of SMI. Total SMI numbers in WA are likely higher than 1 in 7). National data: <https://www.nimh.nih.gov/health/statistics/mental-illness.shtml> (Note: National data is total adult population and is not specific to the Medicaid population).

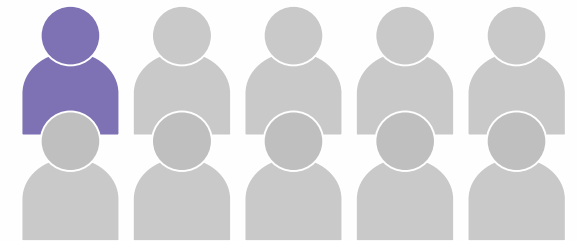
# Dementia Prevalence Locally and Nationally

Overall prevalence of **Delirium and Dementia Disorders in Washington state** among LTSS clients with Medicare and/or Medicaid claims



## Prevalence of Alzheimer's Dementia Nationally

1 in 10 adults over age 65 has Alzheimer's dementia



This represents **10% of the population over age 65**

- Almost two-thirds of Americans with Alzheimer's are women.
- By 2050, the number of existing cases is expected to more than double, from 5.8 million to 13.8 million

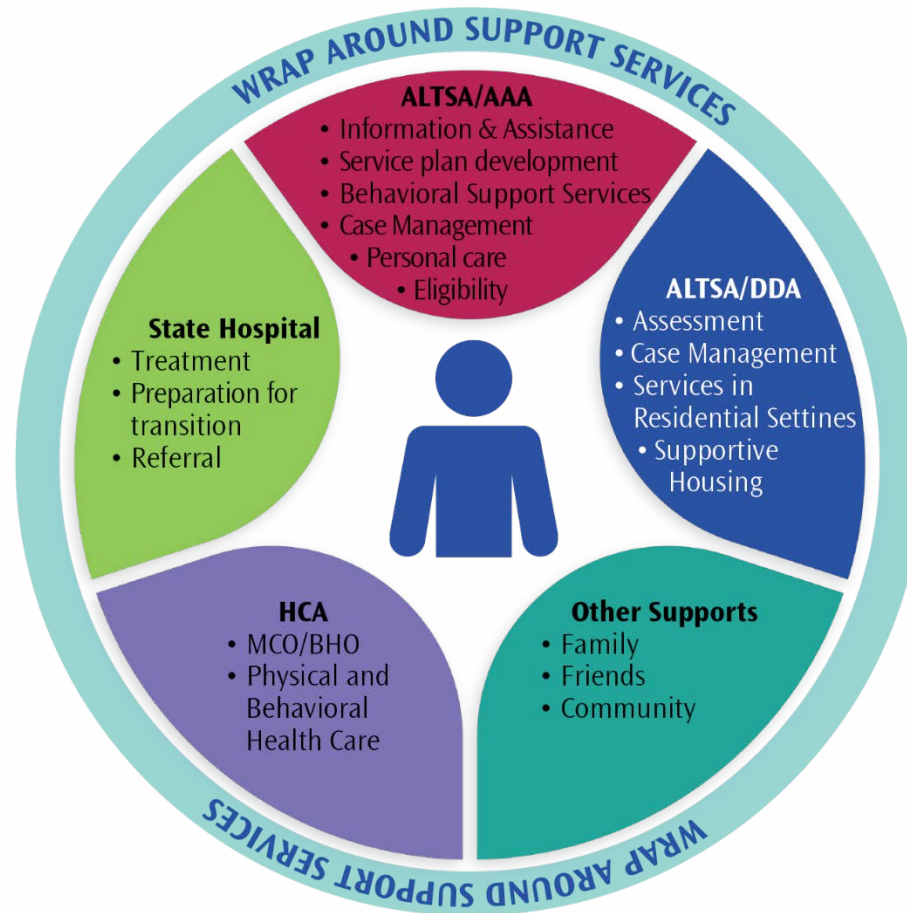
# Mental Health Transformation:

Assisting individuals to transition to the community

**2019-21 Biennium: ALTA Targets for transition onto Long-term Services and Supports**

|                   | Monthly Target | Quarterly Target | Projected Biennium Total |
|-------------------|----------------|------------------|--------------------------|
| <b>Discharges</b> | <b>26.7</b>    | <b>80</b>        | <b>640</b>               |
| <b>Diversions</b> | <b>10</b>      | <b>30</b>        | <b>240</b>               |

# Assisting with Safe and Successful Transitions: Client-Centered Continuum of Care



# Safety is a Priority for the Department

- **Behavioral Health Support Team:** training and technical assistance for providers and staff
- Specialty LTSS contracts, training and oversight
- Behavioral Health Quality Improvement Consultations with providers
- Intensive case management and wrap around supports
- Coordination with behavioral health system
- Responses to all allegations of abuse, neglect, abandonment and exploitation



# Barriers to siting Enhanced Services Facilities

Reduced available community resource for approximately 100 individuals



**52 beds**  
at four ESFs statewide



**104 additional beds**  
in the next biennium



**76 unduplicated  
clients served**  
at an ESF since 2016



# **Enhanced Services Facility Video**

# Individuals with Developmental Disabilities:

Higher risk for co-occurring mental health conditions

## Mental Health Conditions and Behaviors

Anxiety Disorders

Fear, terror leading to panic attacks

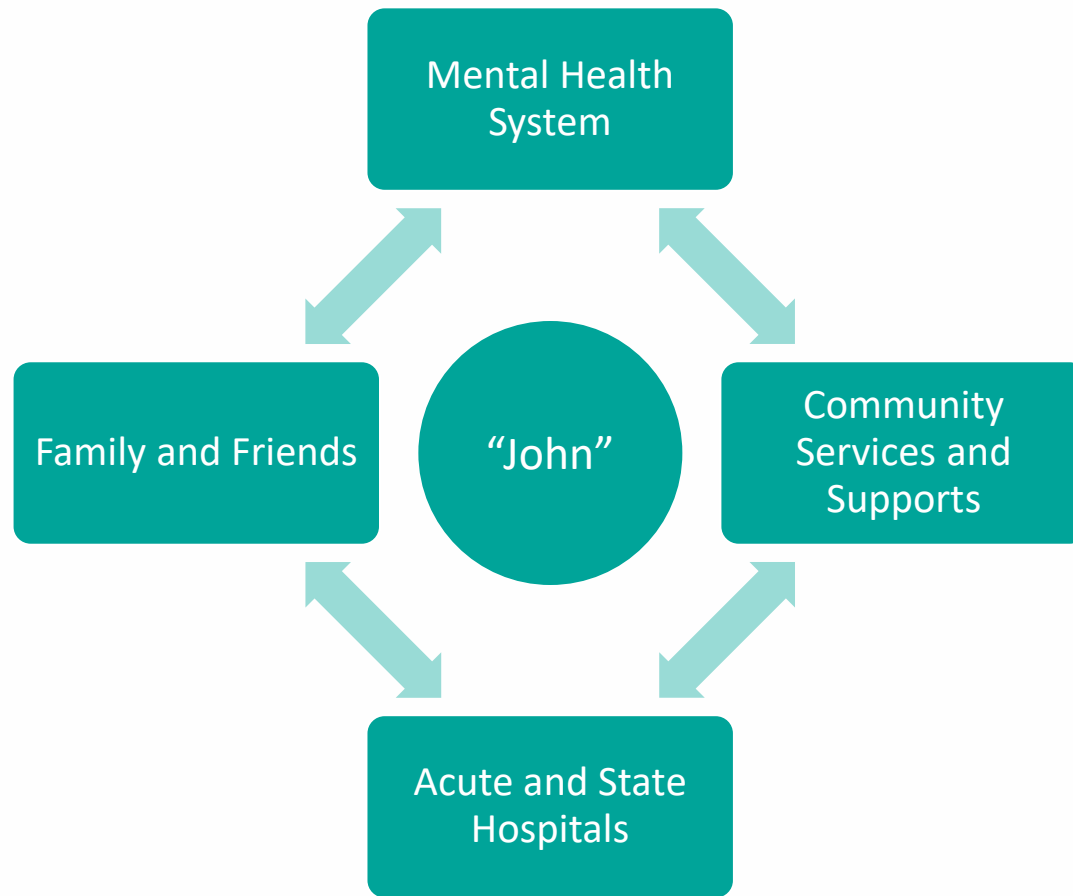
Bipolar Disorder or Manic Depressive Illness

Shifts in mood affecting everyday life

Impulse Control Disorders

People with dual diagnosis are **significantly less** likely to live in their own home and **significantly more** likely to live in a group residential setting.

# We are working with our partners to lessen negative impacts for persons with developmental disabilities



Individuals with intellectual and developmental disabilities are **three to five times** more likely to display challenging behaviors than individuals in the general population

# Supporting Individuals:

## Transition from State Hospitals to the Community

### DDA Services & Supports

- Functional Assessment
  - Positive Behavior Support Plan
  - Other Medicaid Waiver Services
- Cross System Crisis Plan
  - Mental Health Intensive Case Management
  - Contracted Behavioral Health Crisis Diversion
  - Bed and Stabilization Services
- Clinical Team Consultation
  - ARNP Consultation
  - Direct Care

DDA helps clients navigate and connect with state plan behavioral health services:

- Program for Assertive Community Treatment
- Psychiatric Evaluation
- Medication Management
- Applied Behavioral Analysis
- Case Management
- Therapy or Support Groups
- Crisis Services

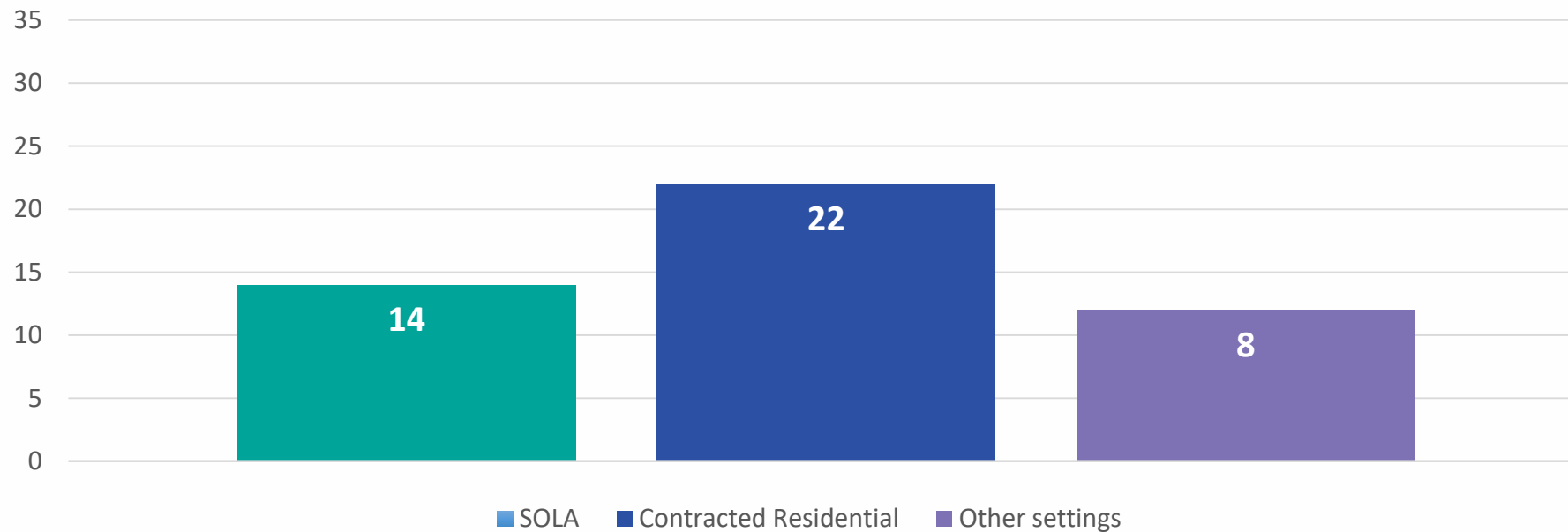
# Community Investments – Developmental Disabilities 2019-2021 Operating Budget

| Investment  | Transitions                               | Status                     |
|---|---|----------------------------|
| Twenty-four State-Operated Living Alternative beds  | Eleven clients from state hospitals       | <b>On-track by FY20</b>    |
|   | Thirteen clients from state hospitals     | <b>On-track by FY21</b>    |
| Seven State-Operated Living Alternative beds<br><i>DDA clients with significant behavioral health needs</i> | Two clients from acute hospitals          | <b>On-track by 1/31/20</b> |
|   | One client per month from acute hospitals | <b>On-track by 6/30/20</b> |
| Six Stabilization Assessment Intervention Facility Homes  | To be determined                          | <b>On-track by 6/30/21</b> |

# Developmental Disabilities Administration

## State Hospital Transitions to Community Residential Settings

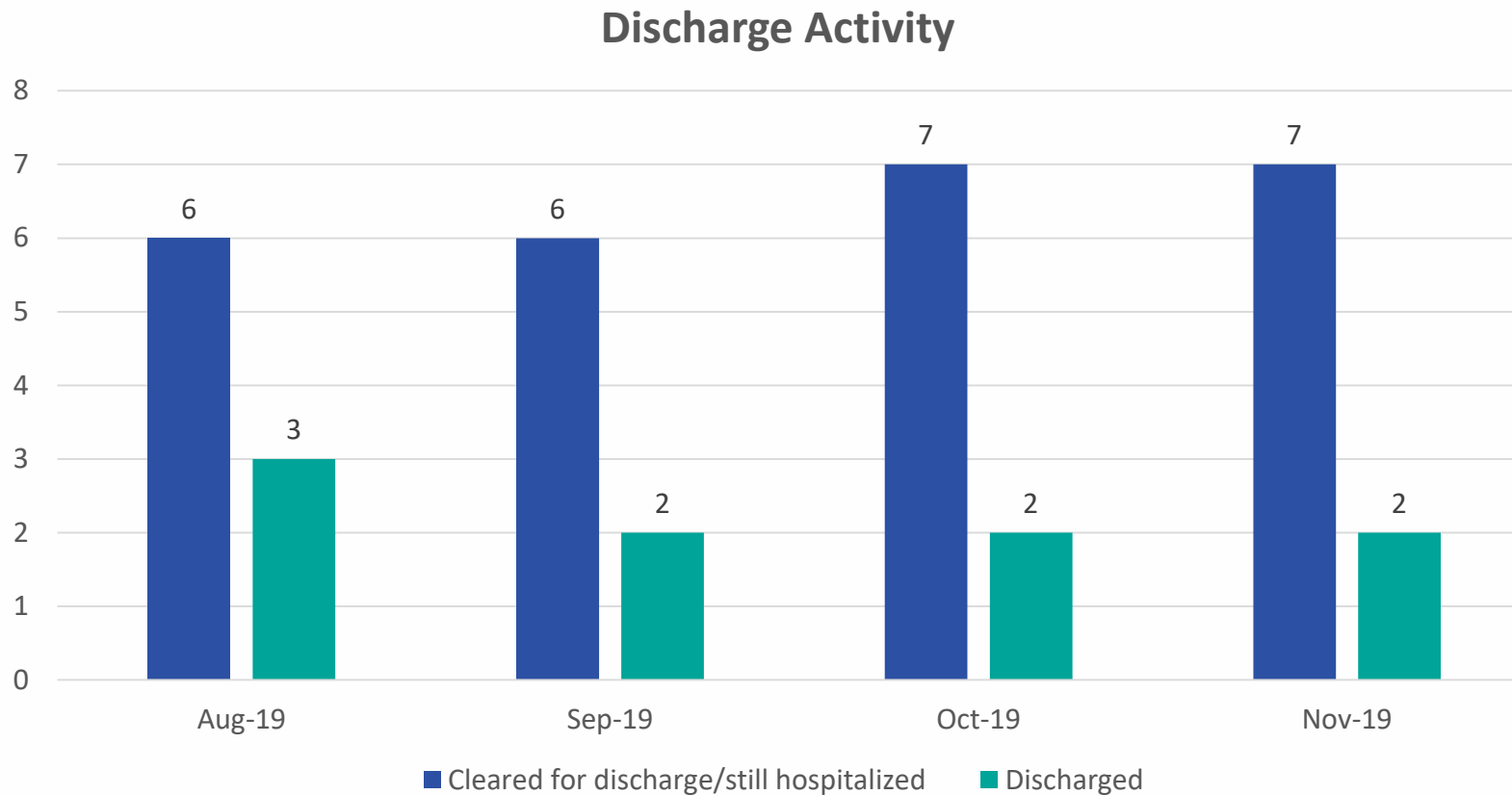
44 DDA clients discharged  
from a state hospital



\*Data represents July of 2017-present

# Hospitalized and Discharged from Acute Hospitals

## Supported Living and State Operated Living Alternative



# Everyone deserves a place to call home.

These are people who deserve all of the rights, access to the community, success and happiness that is afforded to others in our communities.

